

MY SUICIDE

PART 4

By Harry Jivenmukta

I bet you're thinking
why now?

After all the seemingly
progress made.

Well, turn your mind
to more important
matters.

You won't understand.

And really, you
don't want to understand.

You only want to
label it:

"Manic depressive"

After you've labelled
it, it's easier to cope.

Suicide is another
plane of existence
I've experienced
lots of different planes.

And some ask
'Why do it?' you'll
only have to come
back again anyway!'

I hate speaking about
spirituality with ignorant
people

Just eat another
piece of cake
and watch Gastropods.

Walking with the devil
flying with the gods
is a hairy business.

You have to reach
the heights
and fall to the depths.

Respectable people
sob and whimper and cry.

Somewhere shopping
in Marks and Spencers

is not important.

Buy slips and forms.

Fuck off!

Fuck off!

Fuck off!

When someone dies
on the ward, they can
do two things.

If its night they will
just sneak the body
out because no one
is looking.

If its busy,
they have a bed
with a hidden box
underneath.

They slide in the
body and walk out
casually as if they
are wheeling an empty
bed.

Crosswords were made
for people in hospital.

The only problem is
that sometimes
you can't even remember
your name and
then clues seem
to be a bit harder.

2 down, Someone
who wants to take
their own life (8)

Taurus

Expect big changes in your life. If you thought you had problems in recent weeks, don't worry, everything will be resolved in one instant. Alternatively, you might be saved by unknown professionals. Don't make any long term plans.

Dear Marjorie,

I am having so many problems with my boyfriend, Darren. He never leaves the toilet seat down, I know that he needs to raise it, but it's my flat. What can I do? Should I throw him out?

Marjorie answers,

You seem to be a very lucky girl, mardy, and also very sad. Get a life!

The crisis self
help team work
it has 7 days a
week

Thanks to my
benefits alone you
understand.

Sometimes, they are
so busy, you have
to wait.

If you eat shredded
wheat, you'll

probably be straight
through, and wish you

could eat brown bread
soup with brown bread

Sometimes you can
get more soap on
your clothes than in
your mouth.

On the other hand
opening a salt sachet
is real rocksalt.

Best of all though,
is that you don't
have to be sorry
if it all ends up
on the floor.

Do you want to see
a psychiatrist?
Well for most people
there's another watershed.

I said no longer
cared

but did wonder

if I could ask

some questions about
Fred and Jug.

The doctor said he
couldn't tell me how
the psychiatrist might
be able to help.

Hells Sweethearts
are you OK?

I just want to move

you

to the middle of
the web

so you wont fall off.

Should I leave a sip

of water in your reach?

Just ring, I'll see this

button if you need

anything.

OK Sweethearts.

I'm just sat over there

don't worry.

No, don't try to get up,
wait.

Will help you up into the
bed so you can sit.

Did you want a drink?

Tea or coffee?

in a cup or do you
need a bit?

So do want some.
Steady.

Try to stop the shaking.

I'll just leave it on
the table top and help
you if you want?

I'll come back.

Is there anyone we
can call?

Is there anyone you
want to sit with you?

OK sweetheart
you're going to be OK?

Any pain?

Do you need anything?
Take your time

It's OK

It's OK now

you're in safe hands.

How did you get

like this, a man

like you?

No don't worry this
o.m.

The tube might come
out.

It's glucose to help
bring your sugars up.
Just relax

Breath normally
A bit deeper.

I'm just going to
check your sugars.
I'm just going to get
your blood pressure.
It's ok, just try to
get some rest.

his sport, what for?

161 degrees to north

for the purpose of

Friday June 2

responsible

1 in 7000 dead

1000

the first part of the

to the same

27 current

1

From now on the
third Sadhana
becomes secret.

I will not stop
the violence, the
targeting, the
'renewable'

when characteristics
cancel we want
1 want

I will tell her
in no uncertain
terms,

Monoma,